



Circular Head Rural Health Services Inc.

Annual Report 2006

A few words from the Chairman Cr. W. Ross Hine

I give thanks to my fellow Board members and make special mention of an inaugural Board member Joan Coleman who recently retired and relinquished her Board position. During her time with the Board Joan made a significant contribution, most especially by utilising her expertise and networks within the area of women's health.

I have been pleased to see that the suicide prevention program CORES has continued to have good attendance to its regular meetings and to know that forty local persons have now received suicide prevention training. During the year three locals also became accredited trainers for this most important community education.

After three years of lobbying and applying for funds the Circular Head Community Disability Group was successful with an application for funding to build a respite house in Smithton. This is a wonderful result for a great deal of effort coordinated by Di Murphy. The Board looks forward to Rural Health playing an integral role in the establishment and management of the centre for the benefit of local families.

The Farm Safety Expo held last year and coordinated by Linda Wooldrage is worthy of special mention. This event was very well attended and presented a wonderful opportunity to share with the community, especially farming families, information on farm safety. Linda was able to gain a great deal of sponsorship and effective media coverage that not only highlighted the event but helped to spread information on the programs and services offered by Circular Head Rural Health to the rest of the state.

I was pleased with the result of the mural and garden. This project enhanced the streetscape and also provided opportunities for young emerging artists to learn new skills under the expert eye of Fran Joyce. Fran mentored five young artists and supervised over ninety others on the project. It was probably a long arduous process over five months for the artists but for the public it was a joy to watch the evolution of the mural over that time. I extend my sincere thanks to Fran and her team for a wonderful addition to the street and also for a remarkable and successful example of a community arts project.

It is with great pride that I listen to positive comments in the community regarding the programs and services at Rural Health and I again pass on my sincere thanks to Di Murphy and all staff members.

W. Ross Hine

August 2006

A summary of the year's activities and services by the Manager Dianne Murphy

Welcome to another year's report on the services and programs conducted at Rural Health. I am most confident that Rural Health is now seen as an integral service in the community and we would leave a huge gap in the community should we ever have to leave.

The move two years ago into the main street has continued to prove to be a prudent move with a consolidation of use by a cross section of the public. Many more people are now utilising the centre to gain generic information on a range of health topics. A basket of free literature is placed outside on the footpath in fine weather and in this inexpensive but effective way we have distributed a large amount of health information.

During this year we welcomed Lynette Dickson to the psychological services team and also Sue Popowski who took on the myriad of tasks associated with reception and administration. Cheree Holden became the newest member of HIPPY starting her tutor position in March.

There have been other exciting developments regarding the HIPPY program with a successful application to Communities for Children to establish a program in Burnie. This extension into another area has been undertaken to strengthen the program in Circular Head. The coordinators and tutors in each area will undertake joint training and provide support for each other.

The Creative Leisure Group had great fun during the year with excursions to artists' studios, opportunities to learn new art and craft skills and they even had a sail on a catamaran. The members of this group are skilfully guided by Lyn Dickson who inspires them with a patient, non directive manner.

The Farm Safety Expo was a much talked about feature of health promotion for the year. Linda worked with an enthusiastic assistant, social work student Megan Benson, to facilitate a highly successful expo on aspects of farm safety, especially pertaining to the welfare of children.

The Men's Outreach Program concluded with six businesses undertaking the mentor training for their workers. Two businesses have expressed an interest in conducting the training elsewhere in the state and feedback from workplace management and participants has been very positive.

Thirteen project submissions were successful during the past twelve months. The monetary value of these projects exceeded \$434,000. The majority of these funds will be utilised over the next two years to construct a carer respite facility in Smithton and to extend the HIPPY program into Burnie.

The surrounds of 68 Emmett Street received a great facelift during the year with the completion of the Living Mural and Garden project. Fran Joyce and Perry de Rooy mentored five young people and supervised 90 others over five months to transform an ugly side alley and wall into a stunning work of art. The painting and garden scene also tells a story of the Circular Head environment that will be the basis of further educational and cultural projects in the future.

CORES, the collaborative suicide prevention program with Kentish Rural Health, has been an outstanding success with healthy attendance rates for all meetings and training.

I am absolutely thrilled with the level of impact that Rural Health appears to have across the community, from 70 guests attending the World's Biggest Morning Tea to 15 mums regularly joining the parent's support group there are constant reminders that Rural Health is appreciated as a valuable health and community organisation.

I am proud to manage such a dynamic, experienced and ever-enthusiastic team. Members of the Board of Management have roles integral to the success of Rural Health. They participate in efficient and valuable meetings as well as provide excellent ongoing counsel and information.

I am excited by the prospect of managing the construction and operation of the first stage of the respite centre project and also the consolidation of HIPPY into Burnie. There are many other projects in the pipeline for 2007 including men's health promotion, applying for funds for the second phase of the disability complex and further health/arts based projects.

Dianne E. Murphy

August 2006

Board of Management

The Board of Management of Circular Head Rural Health Services Inc. oversees the distribution of recurrent funding (\$330,000 annually) from the Commonwealth Department of Health and Ageing through its Regional Health Program as well as significant funds from a number of other sponsoring bodies.

The Board performs a number of important roles to ensure appropriate direction and oversight of the organisation. These roles include the determination of strategic direction, setting policies, monitoring operational and financial functions and supporting the manager.

The Board members also input valuable information relating to community health and other issues that impact on Circular Head families and individuals. They make good use of their networks in and beyond this community especially with health related organisations.

An Aged Care Transition sub-committee of Board members has met several times during the year. This sub-committee meets to discuss and plan activities that will increase the community's understanding of ageing issues, especially those pertaining to accommodation, decision-making and legal matters.

During 2005/6 the Board members were:-

Chair	W. Ross Hine	Mayor of Circular Head
Secretary	Ruth Hanson	Community Member
Member	Christine Franks	Community Member
Member	Nancy Grogan	Smithton District Hospital
Treasurer	Dr. Donald Hogan	Smithton Medical Centre
Member	Joan Coleman	Women's Health Unit DHHS
Member	Sgt. Lee-Anne Walters	Tasmania Police

Each year the Board meets for an extraordinary meeting day to review its strategic plan. At this extended session the Board discusses the health and wellbeing needs of the community and sets priorities for the coming year and beyond.

For its ordinary meetings the Board met on the fourth Tuesday of each month at 68 Emmett Street, Smithton.

Staff members

During 2005/6 the centre was managed full-time by Dianne Murphy. Sue Popowski worked 15 hours per week providing excellent administration support to the manager and other staff and contractors.

The Psychological Services team was made up of Ron Blume in a mental health support role, Mairin Campbell who predominantly worked with children and their families together with Lyn Dickson and Tony Bowring who were both available for generic counselling and support.

The Family Planning clinic was attended each three weeks by Dr. Miranda Hudson and Sr. Jocelyn Morice. The Women's Health and Health Promotion officer was Linda Wooldrage.

The HIPPY program ran smoothly with its coordinator, Suzana Bulatovic and home tutors, Angela Stewart and Cheree Holden.

Occasional support for administration and the Board was provided by Tamara Smith and Yvonne Stone.

Staff training

Training opportunities for staff were made available during the year.

The HIPPY coordinator and tutors participated in training in Melbourne facilitated by the New Zealand national coordinator. This provided an extremely valuable opportunity to network with other tutors from Victoria and New South Wales. Angela and Cheree still refer to this visit as tremendously worthwhile and it provided a solid basis for understanding the HIPPY model.

Linda Wooldrage, the Health Promotion coordinator increased her knowledge of health issues, especially pertaining to women and young people. Linda attended a Jean Hailes' menopause update, a two day workshop on health coaching and an informative session on eating disorders.

Lyn Dickson, Mairin Campbell and Tony Bowring attended two workshops on sexual abuse counsellor training. Lyn also made a visit to mental health support programs in Melbourne with the Prahran Mission and the Richmond Fellowship.

Each year the state office of the Department of Health and Ageing encourage representatives from all rural health centres to participate in a two day networking opportunity in Launceston. The workshop this year was attended by Di Murphy, Suzana Bulatovic and Sue Popowski. At the workshop Suzana presented a session on her HIPPY program. The two day event provides a valuable opportunity to network with staff and board members from most of the other fourteen rural health services across Tasmania.

Collaboration and liaison with other services

Rural Health rarely works in isolation on a community project. Our relationships with other service providers in the area are professional and valuable. Ideas, time and resources for a project or service are often shared with other groups, predominantly with Circular Head Council, the secondary school, the aboriginal centre, Circular Head Arts and the Wyndarra community centre.

The Manager, Dianne Murphy, is the Chair of the Circular Head Service Providers' Access Network, a member of the Circular Head Youth Network, Chair of 'Tough on Drugs' (a project funded by the National Illicit Drug Strategy) and a committee member of the Circular Head Community Disability Support Group. Dianne is also a member of the Circular Head Health & Welfare Reference Group coordinated by Circular Head Council. Through these links the centre receives current health and wellbeing information and gains an awareness of health needs that can be utilised by the Board in its deliberations on strategic planning.

Rural Health staff regularly work with the Circular Head Aboriginal Corporation (CHAC), Circular Head Arts, the Wyndarra Community Centre, the secondary school and several of its support staff including social worker, guidance officer, special support teachers, speech pathologist and with Tasmania Police. Staff members also have strong links into regional and state community organisations and government agencies.

Linda Wooldrage, whose employment is brokered through the Women's Health Unit (DHHS) maintains effective links with health promotion officers throughout the state health network.

Suzana Bulatovic, the coordinator of the parenting program, HIPPY, liaises with the Parenting Centre and Child Development Unit (DHHS), with Child Health clinic staff, primary school teachers and support staff, playgroups and social workers in Circular Head. Suzana has frequent contact with other HIPPY programs in Australia through the Brotherhood of St. Laurence and individual program coordinators.

During the year Rural Health has also worked with artists from the Circular Head Arts group and received funds from Tas Regional Arts. This is an exciting development as there is a growing awareness of the value of arts in health and health promotion. Passive activities involving arts have included exhibitions held at the centre. These exhibitions encourage new visitors to the centre in Emmett Street.

Other projects and funding

Rural Health was successful with thirteen funding submissions during the year with a total value of \$434,650.00, providing a 131% increase in funding over our core recurrent funding. Some of this funding has already been received with the balance to be forwarded during the 2006/7 year.

1. Tasmanian Community Fund for a Disability Respite Centre
2. Tas Regional Arts for a Sculpture Project for Creative Leisure
3. Women Tasmania for artists' excursions for Creative Leisure
4. Adult Education Grant to train four local people to be CORES trainers
5. Communities for Children to establish a HIPPY program in Burnie
6. Housing Tasmania to beautify the park in Lialeeta Crescent
7. Circular Head Council funded the development of the parenting room
8. Sabemo Trust funded an extra 15 places for HIPPY Circular Head
9. Foundation for Rural and Regional Renewal also contributed to HIPPY
10. Foundation for Rural and Regional Renewal for the mural
11. Circular Head Council for the mural garden
12. Tas Regional Arts for the mural
13. Circular Head Council for equipment for the Creative Leisure group

Further funds were received, not as a result of funding applications but from negotiations with other organisations, donations and fees.

Family Based Care made contributions for young carer respite and also to the Creative Leisure Group.

\$8,500 was received in community donations for CORES and the respite house.

Approximately \$4,000 were received as fees for workshops.

Health Promotion

Health Promotion gatherings were held regularly during the year and these included

- * Healthy Living Group monthly meetings
- * Knowing and Growing Parent Group held once each three weeks
- * Men's Support Group once per fortnight
- * Sleep Apnoea Support Group once per month
- * CORES suicide prevention team meetings once per month
- * Meditation for Men held once per fortnight

Health Promotion events included

- * Vision Improvement workshops
- * Buteyko breathing workshops
- * Seniors' Week morning tea
- * Asthma community education forum
- * Drug Awareness forum for parents of teenagers
- * Training workshops for service providers – Sexual Abuse Counsellor training held in Stanley in October and November. Both workshops were of two days' duration. The workshops were attended by 20 practitioners including, counsellors, therapists, nurses, social workers, psychologists and mental health support workers.
- * A Farm Safety Expo was attended by over 300 persons. The expo was interactive with guest speakers, industry displays, child friendly displays and competitions for children. The expo attracted support from all the primary schools in the area.
- * Multi cultural combined event for Harmony Day and International Women's Day
- * 70 guests enjoyed Australia's Biggest Morning Tea including residents of Emmerton Park Hostel and Units
- * Creation of a mural and garden. This health/arts project was devised to clean up an ugly side wall and alley and developed into a community project involving over 100 people. Fran Joyce was the principal artist for the painting and Perry de Rooy was the designer (and planter) of the native garden. The mural and garden is enhanced by a wrought

iron fence and gate donated by Circular Head Council and has become a beautiful feature of the main street. Fran mentored five young emerging artists during the project and community members joined students from Smithton High School, friends from the aboriginal centre and children from the Circular Head Child Care Centre to work on the painting throughout the three months it took to complete the work of art. Assistance with the heavy work was provided by Smithton Lions Club and Adam Blake.

- * A PISTOP program was conducted with staff at Circular Head Council. Female staff members also participated in this forum and Linda Wooldrage worked with the Cancer Council and Department of Health staff to facilitate the day.

A parenting room was established at the centre during the year. Funds from the Circular Head Council community development grant were used to purchase floor coverings, books for parents to borrow and some new toys. A change table was provided by the local child health clinic. The parenting room is available during office hours for any parent to feed and change their baby and there is easy access to kitchen and toilet facilities.

Family Planning

Family Planning Clinics were held 15 times during the year. These popular clinics were professionally and efficiently delivered by Dr. Miranda Hudson and supported by Sr. Jocelyn Morice. The service provided cervical and breast screening, pregnancy testing, contraceptive advice, sexual counselling, gynaecological testing, specialist referrals and menopausal counselling. Referrals were made to specialist and other GP services as necessary.

Jocelyn Morice, a trained specialist breast care nurse, also provided a support service for women undergoing surgery and other treatment for breast cancer. This has been an extremely valuable service for many women in the area.

Psychological Services

Our psychological services team consists of three members. An integral part of this service was provided by Mairin Campbell who was at the centre for three days each fortnight. Mairin worked predominantly with children recovering from sexual abuse trauma and she achieved positive outcomes for all individuals and their families. Referrals came from the medical centre, schools and families.

The average number of appointments for clients was 3.5 visits with the number of visits being within the range of 1 to 8 sessions. Consultation sessions varied from one to one and a half hours for most of the younger children to two hours for adults. The age of most of the children precluded working with narrative therapy therefore Mairin utilised a mix of sand play, art work, puppetry and other work with symbols. This has been an extremely effective method to assist these youngsters with safe emotional release to assist with emotional healing.

The counselling services of Tony Bowring were also contracted for three days per fortnight. Tony summarises his work as having a primary focus of issues pertaining to relationships, grief, trauma, addictions and anger. The consultations were for a minimum of one hour, longer when necessary. The most usual form of referral was self, spouse or medical practitioner referral.

It is very pleasing to note that 52% of Tony's clients during the past year have been males and this shows our very strong connection with males in the district. This rate of utilisation of the service by men is rarely seen by other service providers. It is thought this high percentage can be attributed to the Men's Outreach Program and steady referrals from past clients and the ongoing support of the Smithton Medical Centre.

Ron Blume, an experienced psychiatric nurse, was employed for three days per fortnight. The availability of counselling and intensive mental health support has made a considerable difference to the lives of many adults living with the challenges associated with a mental illness. A small number of persons have been seen regularly over a long period of time and these are persons with a serious disorder who require frequent support visits. Ron has strong links with a number of mental health agencies and support services in the north-west and has used this to the advantage of Circular Head clients.

A mental health support program has been made available through Creative Leisure. This program is facilitated by Lynette Dickson two mornings per week. The program is offered to persons with a diagnosed mental illness and others who have a carer. All the participants are adults. The program has been partly funded by Family Based Care North West Inc. and Tas Regional Arts. Referrals to the program came from centre counsellors and self referral.

The participants of Creative Leisure worked on personal goals within the group environment with some of the goals as simple as; coming to the group

each week, having the opportunity to socialise, engaging in discussion, learning to cook something new and nutritious or learning a new creative skill. Excursions to artists' studios and a sail on a catamaran were highlights of the year.

Parenting Program

Our very successful HIPPY parenting program is in its third year. HIPPY was originally funded through surplus funds however because of its success it is now funded from Rural Health's core service delivery plan. HIPPY is an acronym for Home Interaction for Parents of Preschool Youngsters and it is a successful international program with five programs in Victoria, New South Wales and Tasmania.

The HIPPY program targets families where there are preschoolers experiencing some developmental or social problems or where there is a learning disadvantage within the family environment. Referrals come from parents or from child health clinic staff, kindergarten teachers, school support staff such as guidance officer and social worker or from other community workers.

The program has been very successful in providing long term positive change. One element that substantially contributes to the program's success is the use of paid tutors who work one on one with parents in the family home.

The Circular Head program has 2 tutors trained and supervised by the Coordinator, Suzana Bulatovic. The tutors are young mothers who also have four or five year olds who participate in HIPPY. The program material covers literacy, numeracy and social skills taught using age appropriate activities such as drawing, reading and copying that is reliant on interaction with the parent or other adult.

At the end of 2005 20 families graduated from the program. A celebratory afternoon tea and presentation was held at the Council Chambers. The families were entertained by a local youth choir and Susan Davies, the national coordinator of HIPPY came to Smithton to present certificates to the parents and children.

In this third year of HIPPY there were 31 children from 28 families participating in the preschool program. Parent group meetings were held fortnightly. These meetings were used as a training session for the HIPPY material, a time to debrief and discuss any difficulties and also provided a time for mothers to share information on a variety of relevant topics (the topics decided by the parents). The parent group meetings provided a small number of mothers with their only opportunity to socialise with other mothers.

Feedback from mothers, spouses and extended family members has been extremely positive, citing improvements with children's confidence and mothers' wellbeing.

A submission for funding through Communities for Children initiative was successful and an additional HIPPY program is being established in Burnie. This program will complement the Circular Head program providing shared training and networking opportunities.

Suicide Prevention Activities

The Tasmanian Community Fund sponsored our Men's Outreach Program that has run over the past eighteen months. The program was facilitated by Tony Bowring with Rural Health providing administrative assistance. Men's Outreach is mentor training. In six hour sessions Tony taught men in workplaces the skills to enable them to look out for other men who may be distressed or depressed. The training also included simple techniques to show men how to listen with empathy, to avoid giving advice or making judgments and to avoid the pitfalls of covering up problems.

This program was challenging to implement as workplace management had competing priorities and training hours tended to be seen as down time with resultant loss of production. Over the year Tony conducted six training sessions and the feedback from management and attendees was extremely positive. Two companies have expressed an interest in further training sessions, both in Circular Head and elsewhere in Tasmania.

Rural Health joined with Tandara Community Care Inc., Parakaleo Ministries Inc. and the Circular Head Christian School to initiate a local program of Community Response to Eliminating Suicide (CORES). This program had been operating in Kentish for two years coinciding with a significant decrease in their suicide rate.

CORES is a community based intervention model that offers training and support to build a community's strength and capacity to prevent suicide. In June, 2005 we held a dinner meeting with over 100 persons in attendance. A team of 25 – 30 people met on the last Monday of each month. At these team meetings there was ongoing training particularly pertaining to recognising signs of suicide and depression. Each second month the team invited a service provider to speak to the group on a topic pertaining to suicide or self harm. Regular articles retaining to psychological issues have been written by a CORES team member and published weekly in the local newspaper. These articles have stimulated an awareness of those issues most often present prior to suicide and many people have requested further information on a variety of topics.

By June 2006 three local persons, Stuart Nicholson, Matthew Guy and Dianne Murphy had become accredited CORES trainers and 40 Circular Head residents had completed the suicide prevention one day training. It is hoped that up to 50 local people will undertake the training each year.

Disability Respite House

Rural Health has been represented on the Circular Head Community Disability Support Group for four years. During that time the support group has facilitated carer training, undertaken a community survey on the needs of families, lobbied Council for changes to kerbing, car parking spaces and barbeque areas and applied three times for funding to build a respite facility. At the end of the financial year the support group heard that their third submission to Tasmanian Community Fund had been successful. The respite residence will be built on land donated by the Circular Head Council and it is hoped that Housing Tasmania will also utilise some of the land to construct two or three independent living units.

The Circular Head Community Disability Group is a great example of a focussed, hard working community group working closely with relevant service providers and local government to bring about positive change and development for their target group.

CIRCULAR HEAD RURAL HEALTH SERVICES INC.

INDEPENDENT AUDIT REPORT

To the Members of Circular Head Rural Health Services Inc.

Scope

I have audited the attached special purpose financial reports comprising Profit & Loss Statements and Balance Sheet for the year ended 30th June 2006. The Committee of Management is responsible for the preparation and presentation of the financial reports and the information contained therein, and have determined that the basis of accounting used is historical cost.

I have conducted an independent audit of the financial report in order to express an opinion to the members of Circular Head Rural Health Services Inc. on its preparation and presentation.

The financial report has been prepared for distribution to members for the purpose of fulfilling the Committee of Management's accountability requirements under its constitution. I disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

My audit has been conducted in accordance with Australian Auditing Standards. Audit procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report and the evaluation of significant accounting policies and estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the financial report is presented fairly in accordance with the basis of accounting adopted by Circular Head Rural Health Services Inc.

The audit opinion expressed in this report has been formed on the above basis.

Audit Opinion

In my opinion the financial report presents fairly the financial position of Circular Head Rural Health Services Inc. as at 30th June 2006. The rules relating to the administration of the funds have also been observed.



Date: 14th September 2006

Firm: Active Accountants
Garry T Burgess
B.Bus, CPA

**CIRCULAR HEAD RURAL HEALTH SERVICES INC.
STATEMENT OF FINANCIAL POSITION
AS AT 30TH JUNE 2006**

	2006	2005
MEMBERS' FUNDS		
Opening Retained Profits	48982	77858
Profit - Main Account	6152	3120
Loss - Special Projects	16617	-31996
TOTAL MEMBERS' FUNDS	<u>71751</u>	<u>48982</u>
Represented by:		
CURRENT ASSETS		
ANZ Cheque Account	21161	4845
Respite House	2409	
Special Projects Account	42141	23565
	<u>65711</u>	<u>28410</u>
FIXED ASSETS		
Plant & Equipment	49795	49207
Less: Accumulated Depreciation	-24591	-20188
	<u>25204</u>	<u>29019</u>
TOTAL ASSETS	90915	57429
CURRENT LIABILITIES		
Superannuation Payable	0	2044
Australian Taxation Office	12687	6403
	<u>12687</u>	<u>8447</u>
NON-CURRENT LIABILITIES		
Provision for Long Service Leave	6477	0
NET ASSETS	<u>71751</u>	<u>48982</u>

These accounts should be read in conjunction with
the attached Audit Report

**CIRCULAR HEAD RURAL SERVICES INC.
CONSOLIDATED PROFIT & LOSS STATEMENT
FOR THE YEAR ENDED
30TH JUNE 2006**

	2006	2005
INCOME		
Grants Received	409165	364334
Other Income	507	3129
Administrative Income	0	1027
Events/Program Income	0	437
Interest Received	0	725
Buteyko Breathing Class	455	4027
Sub-Program Training	0	10000
Donations	8264	3840
Relocation Funds	0	1370
Fundraising	386	0
	<u>418777</u>	<u>388889</u>
EXPENDITURE		
Advertising	955	1285
Audit Fees	3350	4950
Bank Charges	562	624
Board Expenses	450	
Buteyko Breathing Trainer	450	3100
Cleaning & Rubbish Removal	2292	3110
Depreciation	4403	5520
Disability Projects	0	8588
Electricity	1702	3893
Equipment Expenditure	1182	166
Insurance	3496	3531
Lease - Motor Vehicle	4823	4314
Motor Vehicle Expenses	5592	4166
Printing & Stationery	5354	5683
Program Expenditure	135293	121489
Rent & Rates	20993	26051
Repairs & Maintenance	1449	3533
Relocation Costs	0	10120
School Cluster Services	6187	
Staff Amenities	2165	2118
Sundry Expenses	292	353
Superannuation Contributions	15388	13737
Telephone	3335	4448
Training	8085	9422
Travelling Expenses	98	839
Wages	161735	176725
	<u>389631</u>	<u>417765</u>
NET OPERATING SURPLUS (DEFICIT)	29146	28876
LESS OTHER EXPENSES		
Long Service Leave Provision	6377	0
NET OPERATING SURPLUS (DEFICIT)	<u>22769</u>	<u>28876</u>

These accounts should be read in conjunction with
the attached Audit Report

CIRCULAR HEAD RURAL SERVICES INC.
MAIN ACCOUNT - PROFIT & LOSS STATEMENT
FOR THE YEAR ENDED
30TH JUNE 2006

	2006	2005
INCOME		
Grants Received	325684	325087
Other Income	0	389
Events/Program Income	0	437
Sub-Program Training	0	10000
Relocation Funds	0	1370
	<u>325684</u>	<u>337283</u>
EXPENDITURE		
Advertising	955	1285
Audit Fees	3350	4200
Bank Charges	517	303
Cleaning & Rubbish Removal	2292	2100
Electricity	1702	3183
Equipment & Consumables	1182	166
Insurance	3496	2781
Lease - Motor Vehicle	4823	4314
Motor Vehicle Expenses	5592	3940
Printing & Stationery	4483	3535
Program Expenditure	94373	105173
Rent & Rates	20993	21051
Repairs & Maintenance	1449	2078
Relocation Costs	0	1198
Staff Amenities	1914	1752
Superannuation Contributions	14847	12116
Telephone	3335	3628
Training	1172	8978
Wages	146680	153554
	<u>313155</u>	<u>335335</u>
NET OPERATING SURPLUS (DEFICIT)	12529	1948
LESS OTHER EXPENSES		
Long Service Leave Establishment	6377	0
NET SURPLUS (DEFICIT)	<u><u>6152</u></u>	<u><u>1948</u></u>

These accounts should be read in conjunction with
the attached Audit Report

**CIRCULAR HEAD RURAL SERVICES INC.
SPECIAL PROJECTS - PROFIT & LOSS STATEMENT
FOR THE YEAR ENDED
30TH JUNE 2006**

	2006	2005
INCOME		
Grants Received - Creative Leisure Group	9093	1800
- Mens Outreach Program	0	28261
- ECAV Training Funds	3294	7364
- CSL Small Grants	0	1822
- CH Council	2648	0
- Sculpture Project	1000	0
- Young Carer's Respite	2535	0
- HIPPY Grant	23227	0
- School Cluster Services	6380	0
- Suicide Prevention	1954	0
- Communities for Children	33350	0
Other Income	507	2740
Administrative Income	0	1027
Donations - General	2170	3840
- CORES	6094	0
Interest Received	0	725
Buteyko Breathing Classes	455	4027
Fundraising	386	0
	<u>93093</u>	<u>51606</u>
EXPENDITURE		
Audit Fees	0	750
Bank Charges	45	321
Board Expenses	450	0
Buteyko Breathing Trainer	450	3100
Depreciation	4403	5520
Disability Projects	0	8588
Electricity	0	710
Insurance	0	750
Motor Vehicle Expenses	0	226
Printing & Stationery	871	2148
Program Expenditure	40920	16316
Rent & Rates	0	5000
Repairs & Maintenance	0	1455
Relocation Costs	0	8922
School Cluster Services	6187	0
Staff Expenses	251	1376
Staff Training/Conferences	0	1616
Sundry Expenses	292	353
Superannuation Contributions	541	1621
Telephone	0	820
Training - CORES	6913	0
Travelling Expenses	98	839
Wages	15055	23171
	<u>76476</u>	<u>83602</u>
NET PROFIT/LOSS	<u>16617</u>	<u>-31996</u>

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