



CELEBRATION OF YOUTH



CIRCULAR HEAD RURAL HEALTH SERVICES INC.
ANNUAL REPORT 2009

A few words from Chairman, Daryl Quilliam

This year started with a new Chair person with our inaugural Chair person Ross Hine stepping down from our Board after many years of dedicated service. This year has again been a busy time with Di and her staff again being successful in obtaining new Government grants while continuing with all of the previous programs. This year saw changes to the HIPPY program with a new Coordinator in Circular Head and Rural Health being successful with our application to take on the West Coast.

Other programs such as the men's health nights, CHILL OUT, youth activities and our counselling services are still operating to the benefit of many in our community. The Board has approved a name change for our business which we believe will be more appropriate for the work we are doing. We were also successful in obtaining a grant for a new literacy program that will soon be starting.

Thanks to all Board members, Di and staff for another great year at Rural Health. It is with much sadness that today we farewell two long term Board members, Ruth Hanson and Donald Hogan. It will be a very different Board without these two members but our best wishes go with them both as those move out of the district to take up new ventures.

Daryl Quilliam

August 2009

A message from Manager, Dianne Murphy

It has been another interesting year at Rural Health. There have been many changes of staff, increases in funding and extensions of programs and services.

We were thrilled during the year when Housing Tasmania offered us the long term use of a house in Wedge Street for community programs. The offer seemed quite extraordinary until I considered the level of appreciation that the regional office of Housing had for the Activities in the Park program. Use of the house will provide further opportunities for expanding our collaborative activities with other local and regional service providers while bringing a range of services to the residents in the Wedge Street area.

An application for funding to the Tasmanian Community Fund under their 'Building Tasmania as the Learning Community' funding round resulted in an extended collaborative submission with the Circular Head Education and Training Consultative Committee. This application was successful. I wish to extend my sincere thanks to Board member Ruth Hanson for not only her many hours of work on the submission but also her vision for the

project, her erudite understanding of language (that makes all the difference) and her unwavering confidence in our service capability.

Other successful funding submissions last year included the HIPPY programs for Smithton, Burnie and Rosebery. It was very pleasing to be given the opportunity to manage two additional sites and while these have provided some challenges they are all operating successfully. The three HIPPY sites have a total enrolment of 92 children enabling the delivery of extremely valuable learning to those families.

I wish to thank the Board of Management for its support for an association name change. I understand that after many years of a total Circular Head focus it was with some trepidation that the Board considered my reasons for such a move. I sincerely thank the Board for their trust.

It is with great sadness that I farewell inaugural Board member Ruth Hanson and long term member Donald Hogan. I first met Ruth in 2000 when I was working at Council as the SPAN Coordinator. Ruth and I were part of a sub committee who wrote the submission for the establishment of Rural Health and Ruth has been simultaneously a colleague, mentor, friend, confidant and loyal supporter. Ruth is a true professional. Over all those years I have never heard her utter a negative word about any person or situation, her ethics, temperament and ability to wholly empathise with others are just some one of the ways she has been an inspiration.

Donald Hogan could be described as a quiet achiever but there is no doubt in my mind that his consistent meeting attendance and his sincere and positive attitude toward Rural Health has been of great benefit to the organisation. This is clearly evident in the number of referrals to our service not only by himself but by all doctors from the Smithton Medical Centre, his attendance at and promotion of the Men's Health nights, his performances at those nights and his full support for our psychological services team, in particular for Ron Blume and Tony Bowring.

Ruth and Donald will be sorely missed around the table at Rural Health and also in the community of Circular Head. Our best wishes go with them on their next adventures, the communities they go to will be surely blessed.

Until next year...

Dianne E. Murphy

September 2009

Board of Management

The Board of Management of Circular Head Rural Health Services Inc. oversees the distribution of recurrent funding from the Commonwealth Department of Health and Ageing through its Regional Health Program as well as significant funds from a number of other sponsoring bodies.

The Board performs a number of other important roles to ensure appropriate direction and oversight of the organisation. These roles include the determination of strategic direction, setting and reviewing policies, monitoring operational and financial functions and supporting the manager.

Board members input valuable information relating to community health and wellbeing issues that impact on Circular Head families and individuals. They capitalise on their networks and links within and beyond the community to support and enhance our service planning and provision.

During the 2008/9 year the Board members were:-

Chair	Cr. Daryl Quilliam	Mayor of Circular Head
Deputy	Cr. Jeanie Murrell	Circular Head Council
Secretary	Ruth Hanson	Community Member
Treasurer	Dr. Donald Hogan	Smithton Medical Centre
Member	Lorraine Charles	Rotary Club of Smithton
Member	Nancy Grogan	Smithton District Hospital
Member	Ros Albiston	Women's Health Unit DHHS
Member	Sgt. Lee-Anne Walters	Tasmania Police
Member	Jan Williams	Emmerton Park

Ordinary meetings of the Board were held on the fourth Tuesday of each month at 68 Emmett Street, Smithton. Each year the Board meets for an extraordinary meeting day to review its strategic plan. At this extended session the Board reviews the priority areas and direction for the health service taking into consideration the health and wellbeing needs of the community.

Staff Members & Training

During 2008/09 the centre was managed by Dianne Murphy. Angela Stewart and Karen Cardillo provided administrative support to the manager, other staff and contractors.

The Psychological Services team was made up of Ron Blume in a mental health support role, Lyn Dickson and Tony Bowring who were both available for generic counselling and support. Mairin Campbell provided additional specialist therapy for children at her Somerset practice and attended Rural Health on a monthly basis to provide professional supervision for staff.

The Women's Health/Health Promotion Officer was Linda Wooldrage until her resignation in January 2009. Since January her position has been temporarily filled by Monica Moore. Youth Health and Community Development was coordinated by Kate Cross.

The HIPPY program was conducted in Circular Head, Burnie and Rosebery. The Circular Head team was coordinated by Suzana Butkovich until the end of 2008 and since then by Michelle Burke. Smithton home tutors have been Sharonne Ainslie, Joanie Coker, Emily Windon, Tammie Mills, Cassi Kingston, Carolyn Dennison and Janelle Brooks. In Burnie the program was facilitated by Laura Strohfeldt with home tutors Nicole Shearsmith, Jackie Barker, Zarinah Hooper, Karen Whitehead and Natalie Sherriff. The Rosebery team is coordinated by Jo McKean with tutors Vanessa Armstrong and Cathy Hawker.

Kerry Argent coordinated the promotion and administration of the CORES team and training as well as promotion of the Respite House.

Additional support for the administration team was provided by Kerry Argent, Laura Strohfeldt and Vanessa Stewart. Kerry Argent very ably provided minute taking and administrative support for the Board of Management.

Joanne Cartledge and Deb Quilliam ran the Wednesday activities in the Wedge Street park and Natalie Cole kept the garden weed free and looking sensational.

Staff members were supported to undertake a range of training opportunities during the year.

The HIPPY coordinators and manager participated in training in Melbourne in February. This provided an extremely valuable opportunity to network with other Coordinators from a number of other states as well as from the new sites in Tasmania.

Tony Bowring, Lyn Dickson and Di Murphy attended the 'Happiness and its Causes' conference in Sydney. Lyn Dickson finalised her training in Sandplay and Art Therapy.

Kate Cross attended training sessions on 'Health Promotion' with the Department of Health and Human Services; 'Adolescent Risk Perceptions, Risky Behaviours and Factors which Encourage Resilience'; 'Engaging Adolescents' one day training conducted by Parent Shop; 'Media Effectiveness' training conducted by the Department of Health and Human Services and 'BodyThink' training conducted by The Butterfly Foundation.

Thanks to our Sponsors

Rural Health was successful with eight funding submissions during the year with a total value of \$1,999,650.00. The three HIPPY programs and the Literacy Program are funded for three years.

1. Circular Head Council, \$2,200 for assistance with equipment (computer) upgrade
2. Department of Premier and Cabinet, \$2,000 for a project entitled 'Empowering Young Mums'
3. Department of Health & Ageing, \$18,950.00 for a community assessment in relation to the future direction of Rural Health in Circular Head
4. Foundation for Rural and Remote Renewal, \$1,500 for a community project 'Time Out for Young Mums'
5. Department of Education, Employment and Workplace Relations, \$1,575,000 for HIPPY in Smithton, Burnie and Rosebery for 3 years
6. Tasmanian Community Fund, \$400,000 for a 3 year literacy project through the Building Tasmania as a Learning Community program

During 2009 we reached a significant funding milestone – a total of \$3 million dollars have been received for projects over and above the \$300,000 we receive annually from the Commonwealth for Regional Health Services.

Collaboration and Liaison with Other Services

Rural Health works in collaboration with local service providers, especially the Circular Head Council, Circular Head Christian School, Circular Head Aboriginal Corporation, Circular Head Arts, the Wyndarra community centre, Circular Head Education and Training Consultative Committee (CHETCC) and the Circular Head Cluster of Schools. Outside of Circular Head, Rural Health interacts closely with a large number of organisations but particularly Centacare, Anglicare, North West Centre Against Sexual Assault, Tas Regional Arts, Sexual Health Unit (DHHS) and Housing Tasmania.

During the year Rural Health worked closely with CHETCC to apply for funds under the Tasmanian Community Fund's special funding round – 'Building Tasmania as a Learning Community'. The successful application focused on a program to deliver a wide range of literacy programs in Circular Head, Waratah/Wynyard, Burnie and on the West Coast.

A solid working relationship with Housing Tasmania resulted in the offer of a house in the Housing area of Smithton to be utilised for community programs.

The Manager, Dianne Murphy, is the Chair of the Circular Head Service Providers' Access Network and a committee member of the Circular Head Community Disability Support Group. Dianne is also a member of the Circular Head Health & Welfare Reference Group and the Municipal Emergency Management Committee coordinated by Circular Head Council. These links provide the service with current health and related information.

HIPPY coordinators liaise with the Parenting Centre and Child Development Unit (DHHS), with Child Health clinic staff, primary school teachers and support staff, playgroups and social workers in Circular Head and Burnie. They have frequent contact with other HIPPY programs in Australia through the Brotherhood of St. Laurence as well as individual program coordinators.

Kate Cross, the Youth Health and Community Development Officer, is a member of North West Action for Youth (NWAY). This group provides opportunities for sharing information and ideas and for raising youth and community issues. The NWAY group was responsible for the 'Make a Move' Bus Tour during Youth Week.

Kate Cross also works closely with the Smithton High School Student Executive Council and Circular Head Council's Youth Action Group. These meetings provide an opportunity to listen to young people's issues and ideas, provide support and feedback and link them with appropriate organisations and other service providers as necessary. Kate continues to work very closely with the Social Worker for the Circular Head Cluster of State Schools.

All Our Wonderful Projects

...For Children and Mums and Dads

Knowing and Growing

The Knowing and Growing support group for new parents has been well attended this year. There has been a mix of informal gatherings and formal seminars. We attempt to invite all new mothers to the group and need to implement some innovative practices to identify and locate new parents.

Members of the group have expressed their gratitude for the support. Feedback shows the mothers equally enjoy the peer and professional contact as they are provided with answers to their questions, alleviating many of their parental concerns.

A local, trainee breastfeeding counsellor with Australian Breastfeeding Association is now resident in the area. This is an essential service for mothers experiencing breastfeeding problems or in need of support.

A new coordinator has just been appointed for Knowing and Growing. Tracy Crispe is a registered nurse as well as a breastfeeding educator and mother and her skills and experience will be most welcome in her role. Tracy is likely to conduct the group more regularly in 2010 and be able to respond to further requests for specialist speakers and training.

Children's Expo

The idea for a Children's Expo came from a primary school teacher late in 2008. The rationale for the expo was to inform families about the wide range of services available to them in Circular Head. Eight local organisations collaborated to organise the day. The organisations included Rural Health, Circular Head Council, the cluster of CH schools, Circular Head Aboriginal Corporation and the Wyndarra community centre. A large number of planning meetings were held over 3 months prior to the event. The service organisations all worked well together and shared costs, information and tasks.

It was an amazing day with 41 service providers exhibiting and the attendance of approximately 200 children plus their parents or carers. The event was held at a local recreation centre. The venue proved to be too small – we didn't allow for the fact that most adults arriving would be pushing a pram!

The day was very successful and there was a lot of noise, fun and activity, not just static displays. There was story telling for the children, games and playthings outdoors, entertainment including an aboriginal singer plus lots of

balloons and giveaways. Aboriginal elders provided a free bbq for everyone's lunch.

Home Interaction Program for Parents and Youngsters - HIPPY

Our very successful HIPPY parenting program is in its sixth year. The HIPPY program targets families where there are preschoolers experiencing some developmental or social problems or where there is a learning disadvantage within the family environment. Referrals come from parents, child health clinic staff, kindergarten teachers, school support staff such as guidance officer and social worker or from other community workers.

HIPPY was originally funded through surplus funds and later through Rural Health's core service delivery plan. During the past two years HIPPY Burnie has also been financially supported by the Commonwealth's Communities for Children initiative.

In 2008 the Federal Government made a commitment to increase the number of HIPPY sites across Australia. Late in 2008 we applied to manage the program in Smithton, Burnie, Sheffield and Rosebery. Three applications were successful with Sheffield now being auspiced by Playgroup Tasmania.

Special congratulations are extended to Laura Strohfeldt who has tirelessly managed the Burnie site, at times in extraordinarily difficult circumstances. Laura has ensured the success of Burnie HIPPY by implementing innovative strategies for working with and keeping families not merely connected with but loving the program. Laura also worked very closely with all the community partners within the Communities for Children program forging many strong links and networks that have provided a very strong foundation for the continuing program.

HIPPY is now fully funded by the Commonwealth Department of Employment, Education and Workplace Relations. The extra Government funding has enabled a substantial increase in the number of sites nationally, from 6 to 29. (Six of these programs are in Tasmania) Over the next five years the number of sites will increase to 55 around Australia. As well as the increase in sites, HIPPY now allows for each site to have up to 35 participating children in Year One and 30 in Year Two. There will be fresh intakes of 35 children each year for the next three years.

All feedback from the program has been positive. In Graduation surveys completed in November 2008 the following comments were recorded:-

'Broc does more at home with mum as he is more confident.'

'HIPPY helped with interaction with my child because we had to sit and do it together with no interruptions'.

'I spent quality time together (with child) learning new things.'

And another mum said *'I learnt to explain things in a better way and make time for him.'*

Co-Pilots Mentoring Program

We were approached by the Smithton Primary School vice-principal to glean our interest in supporting this mentoring program. The program assists young boys and girls from Grade 3 to 6 by providing them with one on one mentoring sessions with an adult role model. The adult mentors meet with the child for two hours a week for 10 weeks.

Rural Health assists by providing a counsellor to assist with mentor training and support.

Activities in the Park

Every Wednesday activities are run in a local park in the Housing Department area of Smithton. This program is run in school terms providing opportunities for children to have fun and stay fit.

This program is run by Debbie Quilliam, a qualified 'Active After School' trainer. Up to 16 children attend each session. They enjoy a variety of games, from ball games such as dodge ball, cricket and soccer to general fitness games including capture the flags and tags.

One of the more memorable comments we have received was:- *'it was the best day of my life'* which shows without doubt that even this very simple program is truly worthwhile.

You can do it Too!!

Linda Wooldrage, the Health Promotion and Women's Health Educator conducted a course for women called 'You can do it Too!!'. The target group was women who needed to gain employment skills and the confidence to look for work after their youngest child was attending school full time.

The sessions included useful information on goal setting, decision making, basic computing and Email, positive optimism, job seeking hints, CV's, interview techniques, self care, managing stress, motivation, body image, nutrition and personal presentation. A sample of the positive feedback received from You can do it Too!! Program follows:-

'Has been great to have some guidance to help get me thinking of new directions and decisions.'

'Helped me say no to my casual work and not beating myself up about it. Got me thinking what else I can do, that I need to push myself and return to school and do something else. Given me the confidence to do it.'

'Nice to be with a group of women of various ages. Technique of learning to think and 6 x Hats way of thinking. How to catch, check and change your thoughts. I was at a low and it has been helpful.'

'Rediscovered myself. Not JUST a housewife and doing my strengths, reading and summarising has helped.'

'Even though I didn't feel like coming I made the effort. It has been very encouraging. Has helped me figure out where to from here.'

...For Young People

Youth Week & Y Celebrate & more...

This event focused on the diversity of achievement of Circular Head's young people, honouring those who have academic, community, sporting, arts, recreation and leadership achievements. The event was designed to challenge the community's negative perception of young people, hoping to raise the profile of young people and show the community that there is great hope within the future generation.

320 people attended the celebration evening to honour the 118 young people nominated by the community. Young people were given ownership of the event through opportunities such as:

- Nominating young achievers amongst their peers
- Designing the logo of Y celebrate
- Hosting the evening
- Greeting guests
- Assisting with set up, catering and clean-up
- Controlling sound and lighting
- Co-creating the run of the night
- Entertainment

We joined with regional celebrations for Youth Week in April. This included assisting the North West Action for Youth members to plan a bus tour to a number of rural towns. The touring bus provided many activities of interest to young people including

- I-Party – learning about the physical effects of drinking
- Mental Health activities - a number of experiential and creative activities to increase mental health

- On the spot video recorded interviews
- Creation of a banner – young people ‘made their mark’
- Music
- Resources – information about safe sex, responsible alcohol use

‘Y’ Engage sessions proved very popular. These were arranged by Circular Head Council and provided a direct forum for young people to have their say and come up with ideas to help shape the future of the community.

Mutated Madness – the film trailer

During the year we had the privilege of working with filmmaker Kim Reynolds on a trailer of the feature film ‘Mutated Madness’. This activity provided a group of ten young people with insights and practical experiences relating to the production of a film. Young people spent just 4 days storyboarding, filming and editing to produce the film trailer, achieving a great deal in a very short period of time.

Based on a script written by youth a year earlier, ‘Mutated Madness’ is of a creature/thriller genre exploring the genetic modification of animals. Two special FX puppets (Leroy and BJ) were designed and created for the production.

The trailer had its debut screening at the ‘Y Celebrate’ function in April. It has also been uploaded to YouTube and has been viewed by over 300 people. Funding is currently being sought to produce the feature film.

SSHOUT!

The service provider group ‘Sex, Sexuality, Healthy-relationships, Obtaining Understanding Together’ (SSHOUT!) was formed in response to increases in sexually transmitted infections and unplanned pregnancies in the Circular Head Community. The aim of the group is to provide community education, in a variety of events and activities, to relay accurate and helpful information regarding sexual health, healthy intimacy and healthy relationships.

...and more

Kate Cross worked with Circular Head Council and a group of young skaters and bikers in both the design phase and fundraising for an upgrade to the local skate park.

Kate Cross also assisted with Smithton High School Drug and Alcohol education forums and developing resources. The forums were a result of a peer led drug and alcohol education strategy. Rural Health assisted Student Executive Council members to deliver the two forums titled ‘Get High On Life. Can you say No?’ and to develop resource wallet cards on the topic of healthy life choices.

...Just for Men

Men's Health Night

Our Men's Health Nights have been a feature of our Health Promotion program for 3 years, conducting two sessions per year. The sessions have been successful in terms of numbers attending (90 attendees the lowest attendance) and in the identifiable impact of the information across the community.

A local pharmacy in Smithton had a contact with Blundstone Footwear who contract Angry Anderson. The local pharmacy invited Rural Health to use Angry for one of our regular men's health nights and it was huge success with 173 men attending the session. Angry Anderson presented on the topic of prostate cancer.

...For Everyone

CORES Suicide Prevention Training

We conducted four one-day training sessions during the past year. The sessions remain popular with many individuals and businesses taking up the opportunity to access this free training. The sessions cover the signs and symptoms of depression and suicidal behaviour, looks at the myths around suicide and simple interventions.

There has been a drop in the number of suicides in this area since the introduction of this program however it is unclear if the suicide prevention training has contributed to the decrease. Seasonal and economic difficulties in this rural area appear to be contributing to increased poor mental health, suicidal thoughts and relationship problems.

There is evidence however that poor coping strategies, ineffective communication, alcohol misuse and illicit drug use is also contributing to suicidal behaviour and poor mental health.

Psychological Services

Rural Health employs a team of 3 counsellors providing mental health support, Cognitive Behaviour Therapy, narrative therapy, sandplay and art therapy. Here are a few general comments from a member of the Psychological Services team relating to her work at Rural Health.

The predominant issue for women clients has been depression arising from family relationship issues and workplace disputes. For men, the biggest issue has been relationships, mostly with women or with family and for children it has largely been parental complaints about odd or unruly behaviour both at home and at school.

An increased demand for working with children has necessitated some specialist training and I have undertaken training in Sandplay Therapy. It is a very successful method of helping children to work through some of their issues when they are unable to verbalise feelings and emotions. The Sandplay Therapy utilises a large tray of sand and a variety of symbols; animals, fairies, insects etc. The way the sand is handled and the type and placement of symbols can indicate where the child is having difficulties. This is also a good method for working with adults but adults need more persuasion to 'play with sand' than do children.

Circular Head Information and Lifelong Learning On Universal Topics - CHILL OUT

CHILL OUT sessions are conducted each Thursday morning. They are designed to be of interest to a wide variety of people in the community and can be on any topic of interest. As these sessions are held during the week most of the participants are retired persons, although younger persons do attend from time to time.

The group makes suggestions of themes and topics and the administration assistant at Rural Health organises the speaker. The sessions go for one to one and a half hours with plenty of question time and sometimes lively debate. This half year some of the sessions have been on the topics of:-

- Emmerton Park, the local aged care facility
- Cape Grim Baseline Air Pollution Station – global warming
- CH Christian School re their new trade centre
- The CHILL OUT participants shared their ancestry stories
- Migrating from Greece and settling in Australia
- Stanley Marine Police on search and rescue operations

They are an opportunity for menopausal/pre menopausal women to support each other and to receive relevant information. There were also guest speakers on topics of 'Menopause Signs and Symptoms' and 'Continence and a Healthy Pelvic Floor'.

There has been extremely positive feedback from women relating to the 'Menopause Madness' support group, with anecdotal feedback such as:-

'This is wonderful, to be able to share information with other women'

'We all know what we are going through'

'I could share something about my mother that I hadn't told anyone before'

'If you don't have a mother still alive or if you can't talk to your mother then this group is very beneficial'.

One participant wrote several poems about menopause and these humorous verses were read to the group. On another night one husband attended and gave his experience of living with a menopausal woman.

Respite House

Rural Health has been represented on the Circular Head Community Disability Support Group for five years. The Circular Head Community Disability Group is a great example of a focussed, hard working volunteer group working closely with relevant service providers and local government to bring about positive change and development for their target group.

The group received funding from the Tasmanian Community Fund to construct a community respite centre. The four bedroom facility is in the township of Smithton and is available for any person with a disability or their carer or family members. The facility is available for day use and overnight stays.

Landscaping was completed last year and this year we are viewing the crab apples, crepe myrtles and magnolias in full bloom. Plenty of seating has been provided on the northern lawn near the trees and also on the side of the house in a generously sized gazebo.

A sub committee meets regularly, predominantly to assist with the promotion of the centre. The sub committee includes a Board member and the manager of Rural Health and a carer as well as representatives from the Wyndarra Centre, Disability Services and Commonwealth Carer Respite. Income from the hire of the facility is channelled into the maintenance and ongoing beautification of the house and its surrounds. The house is a credit to the hardworking Community Disability Support Group and is an ongoing asset for the whole community in Circular Head and Tasmania.

CIRCULAR HEAD RURAL HEALTH SERVICES INC.

INDEPENDENT AUDIT REPORT

To the Members of Circular Head Rural Health Services Inc.

Scope

I have audited the attached special purpose financial reports comprising Profit & Loss Statements and Balance Sheet for the year ended 30th June 2009. The Committee of Management is responsible for the preparation and presentation of the financial reports and the information contained therein, and have determined that the basis of accounting used is historical cost.

I have conducted an independent audit of the financial report in order to express an opinion to the members of Circular Head Rural Health Services Inc. on its preparation and presentation.

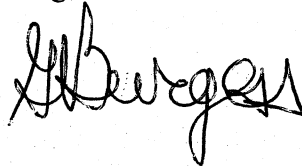
The financial report has been prepared for distribution to members for the purpose of fulfilling the Committee of Management's accountability requirements under its constitution. I disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

My audit has been conducted in accordance with Australian Auditing Standards. Audit procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report and the evaluation of significant accounting policies and estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the financial report is presented fairly in accordance with the basis of accounting adopted by Circular Head Rural Health Services Inc.

The audit opinion expressed in this report has been formed on the above basis.

Audit Opinion

In my opinion, the financial report presents fairly the financial position of Circular Head Rural Health Services Inc. as at 30th June 2009. The rules relating to the administration of the funds have also been observed.



Date: 3rd September 2009

Firm: Active Accountants
Garry T Burgess
B.Bus, CPA

**CIRCULAR HEAD RURAL HEALTH SERVICES INC.
STATEMENT OF FINANCIAL POSITION
AS AT 30TH JUNE 2009**

2008

MEMBERS' FUNDS

Opening Retained Profits	316344	283931
Profit/(loss) - Main Account	24961	-26263
Profit/(Loss) - Special Projects	220232	58676
TOTAL MEMBERS' FUNDS	<u>561537</u>	<u>316344</u>

Represented by:

CURRENT ASSETS

ANZ Cheque Account - Main	35777	7020
ANZ Cheque Account - Special Projects	163059	24951
Respite House	1790	3093
HIPPY - DEEWR	123060	0
	<u>323686</u>	<u>35064</u>

FIXED ASSETS

Plant & Equipment	63025	58582
Less Accumulated Depreciation	-37072	-32905
Respite House - Building	245175	245175
Less Accumulated Depreciation	-4285	-2113
Respite House - Furniture & Fittings	41231	41231
Less Accumulated Depreciation	-10910	-5561
	<u>297164</u>	<u>304409</u>

TOTAL ASSETS

620850 339473

CURRENT LIABILITIES

Australian Taxation Office	36230	8196
Provision for Annual Leave	10427	3543
Payroll Liabilities	0	297
	<u>46657</u>	<u>12036</u>

NON-CURRENT LIABILITIES

Provision for Long Service Leave	12656	11093
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NET ASSETS

561537 316344

These accounts should be read in conjunction with
the attached Audit Report of Active Accountants

**CIRCULAR HEAD RURAL HEALTH SERVICES INC.
CONSOLIDATED PROFIT & LOSS STATEMENT
FOR THE YEAR ENDED
30TH JUNE 2009**

2008

INCOME

Grants Received	777006	518890
Other Income	0	653
Wage Subsidy	0	2500
Donations	111	5257
Rent - Respite House	2560	
Administration & Fundraising	1869	1978
	<u>781546</u>	<u>529278</u>

EXPENDITURE

Advertising	1108	454
Audit Fees	3234	3990
Bank Charges	680	888
Building W/Off	2172	2113
Depreciation	9500	9482
Electricity	3717	3533
Equipment Expenditure	1947	1343
Insurance	2781	3275
Leasing Charges	4444	4823
Motor Vehicle Expenses	10551	12818
Printing & Stationery	6097	3822
Program Expenditure	101610	142923
Rent & Rates	20009	20024
Repairs & Maintenance	886	1656
Respite House - Operating Costs	4076	9023
Staff Amenities	3440	3802
Sundry Expenses	0	112
Superannuation Contributions	28312	19931
Telephone	5659	4916
Training	4666	5032
Travelling Expenses	0	0
Wages	313017	237299
	<u>527906</u>	<u>491259</u>

NET OPERATING SURPLUS (DEFICIT) 38019

LESS OTHER EXPENSES

Long Service Leave - Increase	1563	2063
Annual Leave - Increase	6884	3543
	<u>8447</u>	<u>5606</u>

NET SURPLUS (DEFICIT) 245193 32413

These accounts should be read in conjunction with
the attached Audit Report of Active Accountants

CIRCULAR HEAD RURAL HEALTH SERVICES INC.
MAIN ACCOUNT - PROFIT & LOSS STATEMENT
FOR THE YEAR ENDED
30TH JUNE 2009

INCOME

Grants Received	393000
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EXPENDITURE

Advertising - Centre	1108
Audit Fees	3234
Bank Charges	480
Depreciation	1603
Electricity	3717
Equipment & Consumables	1947
Insurance	2781
Leasing Charges	4444
Motor Vehicle Expenses	4377
Printing & Stationery	6029
Program Expenditure	63591
Rent & Rates	20009
Repairs & Maintenance	886
Staff Amenities	3440
Superannuation Contributions	19547
Telephone	5659
Training	4473
Wages	216647
	<u>363972</u>

NET OPERATING SURPLUS (DEFICIT)	29028
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LESS OTHER EXPENSES

Long Service Leave Increase	1563
Annual Leave Increase	2504
	<u>4067</u>

NET SURPLUS (DEFICIT)	<u>24961</u>
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**CIRCULAR HEAD RURAL HEALTH SERVICES INC.
SPECIAL PROJECTS - PROFIT & LOSS STATEMENT
FOR THE YEAR ENDED
30TH JUNE 2009**

		2008
INCOME		
Grants Received - Creative Leisure Group	0	2375
- UTAS Rural Health Week	0	2000
- Tas Community Fund - Respite House	0	72945
- Tas Community Fund - Literacy	133333	0
- CH Council - Respite House Driveway	0	3636
- CH Council - Ante Natal Resources	0	967
- Woman Tas Grant	0	1818
- Hippy Grant - DEST	11273	15053
- Hippy Grant - DEEWR	183600	0
- Suicide Prevention	0	380
- Communities for Children	50000	50000
- One Off Grants	5800	0
Administration & Fundraising	1869	2631
Donations - Respite House	0	3000
- CORES	111	2257
Rent - Respite House	2560	0
Wage Subsidy - Traineeship	0	2500
	<u>388546</u>	<u>159562</u>
EXPENDITURE		
Bank Charges	200	287
Building W/Off	2172	2113
Depreciation	7897	8497
Motor Vehicle Expenses	6174	5897
Printing & Stationery	68	847
Program Expenditure	38019	15544
Respite House Operating Costs	4076	9023
Sundry Expenses	0	112
Superannuation Contributions	8765	3722
Training	193	553
Wages	<u>96370</u>	<u>53776</u>
	163934	100371
NET OPERATING SURPLUS/(DEFICIT)	224612	59191
LESS OTHER EXPENSES		
Annual Leave Increase	4380	515
NET SURPLUS (DEFICIT)	<u><u>220232</u></u>	<u><u>58676</u></u>

These accounts should be read in conjunction with
the attached Audit Report of Active Accountants